

**Orchard at Brookhaven Weekly Menu**

01/29/23 Sunday	01/30/23 Monday	01/31/23 Tuesday	02/01/23 Wednesday	02/02/23 Thursday	02/03/23 Friday	02/04/23 Saturday
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
<b>Blueberry Muffins</b> Bacon or Sausage Fruit of the Day	<b>Homemade Biscuits</b> Bacon or Sausage Fruit of the Day	<b>Buttermilk Pancakes</b> Bacon or Sausage Fruit of the Day	<b>Assorted Danishes</b> Bacon or Sausage Fruit of the Day	<b>Coffee Cakes</b> Bacon or Sausage Fruit of the Day	<b>Toasted Croissants</b> Bacon or Sausage Fruit of the Day	<b>Everything Bagels</b> Bacon or Sausage Fruit of the Day
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
<b>Vegetable Soup</b>  <b>Sweet Chili Chicken</b> Parmesan Risotto Mixed Vegetables <b>Salisbury Steak</b> Mash Potatoes Fried Okra Chef's Choice Dessert Sugar Free Option	<b>French Onion Soup</b>  <b>Teriyaki Wings</b> French Fries Celery <b>Cheese Quesadilla</b> Spanish Rice Black Beans Yellow Cake Sugar Free Option	<b>Beef Vegetable Soup</b>  <b>Arugula</b> Chicken Salad <b>Corned Beef</b> Steamed Red Potatoes Sauteed Squash Cherry Pie Sugar Free Option	<b>Potato Soup</b>  <b>Roasted Turkey</b> Yellow Rice Sugar Snap Peas <b>Pasta Primavera</b>  Confetti Cake Sugar Free Option	<b>Carrot Ginger Soup</b>  <b>Chicken Enchiladas</b> Spanish Rice Refried Beans <b>Ham &amp; Cheese Croissant</b> Pasta Salad Grape Clusters Chocolate Cake Sugar Free Option	<b>Broccoli &amp; Cheese Soup</b>  <b>Beef Tenderloin</b> Roasted Potatoes Buttered Asparagus <b>Turkey Sandwich</b> French Fries Pickle Spear Chocolate Cake Sugar Free Option	<b>Butternut Squash Soup</b>  <b>Mediterranean Pasta</b> Spinach, Tomatoes, Feta Olive Oil <b>Baked Leg Quarters</b> Scalloped Potatoes Steamed Cabbage Peach Pie Sugar Free Option
Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
<b>Vegetable Soup</b>  <b>Spaghetti &amp; Meat Sauce</b> Garlic Bread  <b>Tuna Casserole</b> Steamed Asparagus Sweet Corn Brownies Sugar Free Option	<b>French Onion Soup</b>  <b>Swedish MeatBalls</b> Buttered Noodles Vegetable Medley <b>Grilled Chicken Thighs</b> Orzo Pilaf Tumip Greens Apple Cobbler Sugar Free Option	<b>Beef Vegetable Soup</b>  <b>Oven Fried Chicken</b> Macaroni & Cheese Steamed Vegetables <b>Glazed Salmon</b> Wild Rice Capri Vegetable Blend Strawberry Cake Sugar Free Option	<b>Potato Soup</b>  <b>Chicken Marsala</b> Fettuccine Noodles Garlic Bread <b>Stuffed Tomatoes With Tuna</b> Sauteed Zucchini Broccoli Spears Pineapple Cake Sugar Free Option	<b>Carrot Ginger Soup</b>  <b>Sesame Chicken</b> Fried Rice Egg Rolls <b>Chicken Mushroom Parmesan</b> Angel Hair Pasta Italian Green Beans Yogurt Parfait Sugar Free Option	<b>Broccoli &amp; Cheese Soup</b>  <b>Tortellini Pasta</b> Bread Sticks Casear Salad <b>Fried Catfish</b> Hush Puppies Cole Slaw Cherry Cobbler Sugar Free Option	<b>Butternut Squash Soup</b>  <b>Baked Tilapia</b> Rice Pilaf Vegetable Medley <b>Chicken Cordon Bleu</b> Squash Medley Sugar Snap Peas Pecan Pie Sugar Free Option