

Orchard at Brookhaven Weekly Menu

09/25/22 Sunday	09/26/22 Monday	09/27/22 Tuesday	09/28/22 Wednesday	09/29/22 Thursday	09/30/22 Friday	10/01/22 Saturday
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Blueberry Muffins Bacon or Sausage Fruit of the Day	Homemade Biscuits Bacon or Sausage Fruit of the Day	Buttermilk Pancakes Bacon or Sausage Fruit of the Day	Assorted Danishes Bacon or Sausage Fruit of the Day	Coffee Cake Bacon or Sausage Fruit of the Day	Hash Browns Bacon or Sausage Fruit of the Day	Bagels Bacon or Sausage Fruit of the Day
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Potato Soup Salmon W/Lemon Capers Spinach Rice & Feta Cheese Grilled Chicken W/Avocado Quinoa Sautéed Vegetable Medley Coconut Cake Sugar Free Jello	Carrot Ginger Soup Baked Chicken Combread Stuffing Steamed Cauliflower Hamburger/Cheeseburger Steak Fries Yellow Peach Cake Sugar Free Jello	Beef Vegetable Soup Pasta Puttanesca Shrimp W/Tomatoes & Feta Couscous Lemon Bar Sugar Free Jello	Cream Of Celery Salisbury Steak Mash Potatoes Steamed Vegetables Falafel Burger PotatoWedges Pickle Spear Cannoli Sugar Free Pudding	Lentil Soup Meat Loaf Mac & Cheese Cabbage Mediterranean Chicken Skillet Angel Hair Pasta Vegetable Medley Key Lime Pie Sugar Free Pudding	Broccoli Cheese Soup Chicken Enchilada Spanish Rice Refried Beans Fried Tilapia Garlic Mash Potatoes Roasted Brussel Sprouts Boston Cream Pie Sugar Free Fresh Fruit	Chicken Noodle Soup Smothered Pork Chops Rice Pilaf Parsnips & Carrots Chicken Cacciatore Buttered Noodles Italian Green Beans Pecan Pie Sugar Free Fresh Fruit
Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
Potato Soup Baked Eggplant Parmesan Orzo Pilaf Mixed Vegetables Caprese' Salad Greek Salad Grilled Vegetables Orange Cake Sugar Free Jello	Carrot Ginger Soup Baked Mahi Mahi Brown Rice Mixed Vegetables Philly Steak French Fries Cole Slaw Carrot Cake Sugar Free Jello	Beef Vegetable Soup Baked Tilapia W/Lemon Roasted Tomatoes Fresh Spinach Grilled Chicken Cream Mushroom Risotto Buttered Asparagus Peach Cobbler Sugar Free Jello	Cream Of Celery Smothered Pork Chops Rice Pilaf Steamed Carrots Roast Beef Brown Rice Peas & Carrots Strawberry Cheesecake Sugar Free Pudding	Lentil Soup Arancini Buttered Broccoli Buttered Cauliflower Greek Roasted Salmon Brown Rice Roasted Vegetables Lemon Cake Sugar Free Pudding	Broccoli Cheese Soup Chicken Cesar Wrap Potato Salad Sliced Fruit Meatballs W/ Marinara Spaghetti Garlic Bread Red Velvet Sugar Free Fresh Fruit	Chicken Noodle Soup Bake Cod Couscous Pilaf Sautéed Squash BBQ Chicken White Rice Collard Greens Bread Pudding Sugar Free Fresh Fruit