



2060 Idlewood Road  
 Tucker, GA 30084  
 770-938-5600

Orchard **SEASONS** Calendar



Feeling Frisky



Enjoying the Spring Weather



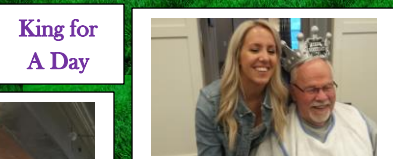
Orchard Field Trip



Friends



Being Silly



King for A Day



Men's Club



Releasing Butterflies



A Round of Golf



Arranging Flowers

Featured Events for the Month:

 **Thursday, May 3rd @ 6:00 pm ~ Resident Live & Learn with Robin**

 **Saturday, May 5th @ 2:30 pm ~ Cinco de Mayo Party**

 **Sunday, May 6th @ 2:00 pm ~ 114th Kentucky Derby Party**

 **Tuesday, May 8th @ 6:30 pm ~ Family Support Night with Keith**

 **Wednesday, May 9th @ 2:00 pm ~ Agape Exotic Bird Show**

 **Sunday, May 13th @ 2:00 pm ~ Mother's Day Tea and Entertainment**

 **Thursday, May 17th @ 3:30 pm ~ New Resident Welcome Party with Marty**

 **Friday, May 18th @ 2:30 am ~ Laugh Active with Celeste**

 **Sunday, May 20th @ 2:00 pm ~ Shavuot Celebration**

 **Monday, May 28th @ 12:00 pm ~ Memorial Day Cook Out with Yankee Doodle Danny**

 **Indicates Live Entertainment** 

**SUNDAY MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY SATURDAY**

**MAY BIRTHDAYS**

**Marion Forstall – 5/7**  
**Mary Walker- 5/14**  
**Doc McClellan – 5/16**  
**Flora Evans – 5/21**




**COLOR CODES FOR ACTIVITIES**


**Exercise**  
**Cognitive**  
**Productive**  
**Leisure**

1  
 9:30 am = Let's Take A Stroll, RS to CS  
 10:00 am = Creative Cooking: "Sopapillas", CS  
 11:00 am = Leisure  
 12:30 pm = Songs Remembered  
 1:00 pm = "M" Trivia, RS & CS  
 2:00 pm = Let's Go For A Ride, L  
 2:30 pm = Season's Spring Scenic Drive & Refreshments (until 4:00 pm), CS & RS  
 3:30 pm = Karaoke with Mercy, RS

2  
 9:30 am = Pet Therapy with Sharon & Evie  
 10:00 am = Walk & Talk, C2  
 10:30 am = Tai Chi/Qi Gong with Gayle, C2  
 11:00 am = Leisure  
 12:30 pm = Meditation  
 1:00 pm = Paper Plate Sombreros, RS & CS  
 2:00 pm = Let's Go Hear Some Music, C2  
 2:30 pm = Musical Video Virtual Voyage with Dennis "1930's – 1950's", C2  
 3:30 pm = Let's Head Home  
 4:00 pm = Fancy Foot Works, RS & CS




3  
 9:00 am = Let's Gather Together, C2  
 9:30 am = Together with Toddler's Music & Exercise Class, C2 (until 10:30 am)  
 11:00 am = Leisure  
 12:30 pm = Musical Voyages  
 1:00 pm = Glam-Ma's, RS & CS  
 2:30 pm = Hydration Station/ Snacks  
 3:00 pm = Visiting Our Neighbors, CS  
 3:30 pm = Karaoke with Mercy, CS  
 3:30 pm = Pet Therapy with Kenzie, RS  
 6:00 pm = Live & Learn with Robin, MT



4  
 10:00 am = Let's Take A Stroll, RS to CS  
 10:30 am = Balloon Ball, CS  
 11:00 am = Leisure  
 12:30 pm = Inner Reflections  
 1:00 pm = Let's Go to The Garden Walk, G  
 2:00 pm = Chilled Watermelon Social, G  
 3:30 pm = Would You Rather?, RS & CS



5  
**Cinco de Mayo**  
 9:30 am = Saturday Morning Busy Box  
 10:00 am = Let's Make A Move, C2  
 10:30 am = Balloon Volleyball, C2  
 11:00 am = Leisure  
 12:30 pm = Mindful Moments  
 1:00 pm = What Do They Have in Common, CS & RS  
 2:00 pm = Let's Go Hear Some Music, C2  
 2:30 pm = Cinco de Mayo Party, C2  
 3:00 pm = Live Entertainment: "Kim Chamberlain"



6  
**National Hug Week**  
 9:00 am = Sunday School – First Presbyterian Church of Tucker (FPCT), C2  
 10:00 am = Let's Gather Together, C2  
 10:30 am = Easy Like Sunday Morning, C2  
 11:00 am = Leisure  
 12:30 pm = Musical Memories  
 1:00 pm = Making Kentucky Derby Hats, RS & CS  
 2:30 pm = 114<sup>th</sup> Kentucky Derby Party, C2  
 3:30 pm = Time to Go Home



7  
**Give to Goodwill Week**  
 9:00 am = Remember When?, RS & CS  
 10:00 am = Let's Make A Move , C2  
 10:30 am = Neurosize Brain Fitness w/Gabriel, C2  
 11:00 pm = Leisure  
 12:30 pm = Songs of The Heart  
 1:00 pm = Hershey Kiss Heart Flowers, RS & CS  
 2:30 pm = Hydration Station/ Snacks  
 3:30 pm = Fruit Loop Color Sort, RS & CS



8  
**National Teacher's Day**  
 9:30 am = Let's Take A Stroll, RS to CS  
 10:00 am = Creative Cooking: "Apple Pie Bites", CS  
 11:00 am = Leisure  
 12:30 pm = Songs Remembered  
 1:00 pm = Opposite, RS & CS  
 2:00 pm = Let's Go For A Ride, L  
 2:30 pm = Season's Spring Scenic Drive & Refreshments (until 4:00 pm), CS & RS  
 3:30 pm =Karaoke with Mercy, RS  
 6:30 pm = Family Support Night with Keith, MT




9  
 9:30 am = Pet Therapy with Sharon & Evie  
 10:00 am = Walk & Talk, C2  
 10:30 am = Fun Fit with Diane, C2  
 11:00 am = Leisure  
 12:30 pm = Meditation  
 1:00 pm = Imagination Vacation: Mom's Kitchen, RS & CS  
 1:30 pm = Let's Go Hear See the Birds, C2  
 2:00 pm = Agape Sponsored: Exotic Bird Show, C2  
 3:30 pm = Let's Head Home  
 4:00 pm = Fancy Foot Works, RS & CS



10  
 9:00 am = Let's Gather Together, C2  
 9:30 am = Together with Toddler's Music & Exercise Class, C2 (until 10:30 am)  
 11:00 am = Leisure  
 12:30 pm = Musical Voyages  
 1:00 pm = Bird with Feather Wings, RS & CS  
 2:30 pm = Hydration Station/ Snacks  
 3:00 pm = Visiting Our Neighbors, CS  
 3:30 pm = Karaoke with Mercy, CS  
 3:30 pm = Pet Therapy with Kenzie, RS

11  
 10:00 am = Let's Take A Stroll, RS to CS  
 10:30 am = Balloon Ball, CS  
 11:00 am = Leisure  
 12:30 pm = Inner Reflections  
 1:00 pm = Let's Go to The Garden Walk, G  
 1:30 pm = Popsicles on The Porch, G  
 3:30 pm = What Would You Do? RS & CS




12  
 9:30 am = Saturday Morning Busy Box  
 10:00 am = Let's Make A Move, C2  
 10:30 am = Balloon Volleyball, C2  
 11:00 am = Leisure  
 12:30 pm = Mindful Moments  
 1:00 pm = Rhyme Time, CS & RS  
 2:30 pm = Let's Go Hear Some Music, C2  
 3:00 pm = Live Entertainment: "John Freitas on Piano", C2

13  
**Mother's Day**  
 9:00 am = Sunday School – FPCT, C2  
 10:00 am = Let's Gather Together, C2  
 10:30 am = Chair Yoga with Christa, C2  
 11:00 am = Leisure  
 12:30 PM = Musical Memories  
 1:00 pm = Making Mother's Day Corsages, CS & RS  
 2:00 pm = Mother's Day Tea, RS & CS  
 3:00 pm = Live Entertainment: "Valerie Snider on Acoustic Guitar", C2



14  
**National Skilled Nursing Care Week**  
 9:00 am = Remember When?, RS & CS  
 10:00 am = Let's Make A Move , C2  
 10:30 am = Neurosize Brain Fitness w/Gabriel, C2  
 11:00 pm = Leisure  
 12:30 pm = Songs of The Heart  
 1:00 pm = Feather Flowers, RS & CS  
 1:30 pm = Spa Day, S  
 2:30 pm = Hydration Station/ Snacks  
 3:30 pm = All About My Mom, RS & CS



15  
 9:30 am = Let's Take A Stroll, RS to CS  
 10:00 am = Creative Cooking: "Hot Pretzels & Cheese", CS  
 11:00 am = Leisure  
 12:30 pm = Songs Remembered  
 1:15 pm = Crafts with Ellen, Agape, RS  
 2:00 pm = Let's Go For A Ride, L  
 2:30 pm = Season's Spring Scenic Drive & Refreshments (until 4:00 pm), CS & RS  
 3:30 pm =Karaoke with Mercy, RS


16  
**Wear Purple for Peace**  
 9:30 am = Pet Therapy with Sharon & Evie  
 10:00 am = Walk & Talk, C2  
 10:30 am = Tai Chi/Qi Gong with Gayle, C2  
 11:00 am = Leisure  
 12:30 pm = Meditation  
 1:00 pm = Make Bird Feeders, RS & CS  
 2:30 pm = Popcorn & Soda Social, RS & CS  
 3:00 pm = Fancy Foot Works, RS & CS



17  
 9:00 am = Let's Gather Together, C2  
 9:30 am = Generations Music: Together with Toddler's Class, C2  
 11:00 am = Leisure  
 1:00 pm = Glam-Ma's, RS & CS  
 3:00 pm = Let's Go To the Party, DR  
 3:30 pm = New Resident Welcome Party with Live Entertainment, "Party with Marty", DR  
 5:30 pm = Orchard Oracle Newsletter Issued, DR



18  
**National Pizza Day**  
 10:00 am = Let's Take A Stroll, RS to CS  
 10:30 am = Balloon Ball, CS  
 11:00 am = Leisure  
 12:30 pm = Inner Reflections  
 2:00 pm = Let's Go Giggle, C2  
 2:30 pm = Laugh Active with Celeste, C2  
 3:30 pm = Finish The Phrase, RS & CS




19  
**Armed Forces Day**  
 9:30 am = Saturday Morning Busy Box  
 10:00 am = Let's Make A Move, C2  
 10:30 am = Balloon Volleyball, C2  
 11:00 am = Leisure  
 12:30 pm = Mindful Moments  
 1:00 pm = Reminiscing, CS & RS  
 2:30 pm = Let's Go Hear Some Music, C2  
 3:00 pm = Live Entertainment: "Judy Boehm & Her Accordion", C2

20  
 9:00 am = Sunday School – FPCT, C2  
 10:00 am = Let's Gather Together, C2  
 10:30 am = Easy Like Sunday Stretch, C2  
 11:00 am = Leisure  
 12:30 PM = Musical Memories  
 12:00 pm = What is Shavuot?, C2  
 2:00 pm = Let's Learn About Shavuot, C2  
 2:30 pm = Shavuot Celebration, C2



21  
**Canada: Victoria Day**  
 9:00 am = Remember When?, RS & CS  
 10:00 am = Let's Make A Move , C2  
 10:30 am = Neurosize Brain Fitness w/Gabriel, C2  
 11:00 pm = Leisure  
 12:30 pm = Songs of The Heart  
 1:00 pm = Popsicle Book Mark, RS & CS  
 2:30 pm = Hydration Station/ Snacks  
 3:30 pm = Name 10, RS & CS



22  
 9:30 am = Let's Take A Stroll, RS to CS  
 10:00 am = Creative Cooking: "Peanut Butter Oatmeal Bars", CS  
 11:00 am = Leisure  
 12:30 pm = Songs Remembered  
 2:00 pm = Let's Go For A Ride, L  
 2:30 pm = Season's Spring Scenic Drive & Refreshments (until 4:00 pm), CS & RS  
 3:30 pm =Karaoke with Mercy, RS

23  
 9:30 am = Pet Therapy with Sharon & Evie  
 10:00 am = Walk & Talk, C2  
 10:30 am = Fun Fit with Diane, C2  
 12:30 pm = Meditation  
 1:00 pm = Memorial Day Wreaths, RS & CS  
 2:30 pm = Snow Cone Social, RS & CS  
 3:00 pm = Fancy Foot Works, RS & CS

24  
 9:00 am = Let's Gather Together, C2  
 9:30 am = Generations Music: Together with Toddler's Class, C2  
 11:00 am = Leisure  
 1:00 pm = Tissue Paper Flowers, RS & CS  
 2:00 pm = Let's Go Get Our Picture Taken, G  
 2:30 pm = National Photo Month Photo Booth, G  
 3:30 pm = Pet Therapy with Kenzie, RS




25  
 10:00 am = Let's Take A Stroll, RS to CS  
 10:30 am = Balloon Ball, CS  
 11:00 am = Leisure  
 12:30 pm = Inner Reflections  
 1:00 pm = Let's Go to The Garden Walk, G  
 1:30 pm = Ice Cream Social, G  
 3:30 pm = Circle of Friends, RS & CS

26  
 9:30 am = Saturday Morning Busy Box  
 10:00 am = Let's Make A Move, C2  
 10:30 am = Balloon Volleyball, C2  
 11:00 am = Leisure  
 12:30 pm = Mindful Moments  
 1:00 pm = Act It Out, CS & RS  
 2:15 pm = Let's Go Hear Some Music, C2  
 3:00 pm = Live Entertainment: "Eric Hassel & His Keyboard, C2

27  
 9:00 am = Sunday School – FPCT, C2  
 10:00 am = Let's Gather Together, C2  
 10:30 am = Chair Yoga with Christa, C2  
 11:00 am = Leisure  
 12:30 PM = Musical Memories  
 1:00 pm = Making American Flag, RS & CS  
 2:00 pm = State Capitals, RS & CS  
 3:30 pm = Name That Tune, RS & CS

28  
**U.S. Memorial Day**  
 9:00 am = Remember When?, RS & CS  
 10:00 am = Let's Make A Move , C2  
 10:30 am = Neurosize Brain Fitness w/Gabriel, C2  
 11:00 pm = Leisure  
 12:00 pm = Memorial Day Cook Out, DR  
 12:30 pm = Live Entertainment: "Yankee Doodle Danny"  
 2:30 pm = Outdoor Games & Crafts, G



29  
**Full Moon**  
 9:30 am = Let's Take A Stroll, RS to CS  
 10:00 am = Creative Cooking: "Lemonade", CS  
 11:00 am = Leisure  
 12:30 pm = Songs Remembered  
 1:00 pm = Finger Print Dandelions, RS & CS  
 2:00 pm = Let's Go For A Ride, L  
 2:30 pm = Season's Spring Scenic Drive & Refreshments (until 4:00 pm), CS & RS  
 3:30 pm =Karaoke with Mercy, RS

30  
 9:30 am = Pet Therapy with Sharon & Evie  
 10:00 am = Walk & Talk, C2  
 10:30 am = Fun Fit with Diane, C2  
 12:30 pm = Meditation  
 1:30 pm = Let's Visit Our Neighbors, CS  
 2:00 pm = Djng-A-Ling Spring Performance, CS  
 2:30 pm = Ice Cream Social, RS & CS  
 3:30 pm = Fancy Foot Works, RS & CS

31  
 9:00 am = Let's Gather Together, C2  
 9:30 am = Generations Music: Together with Toddler's Class, C2  
 11:00 am = Leisure  
 1:00 pm = Love Hand Print Sign, RS & CS  
 3:00 pm = Let's Go Shopping, C2  
 3:00 pm = Orchard Market, C2

**MOST EVERY DAY ACTIVITIES**  
 8:00 am = Breakfast  
 9:00 am = Fresh Faces & Finishing Touches  
 10:30 am = Snack  
 11:00 am = Leisure (Season's Staff Choice)  
 11:30 am = Lunch  
 12:30 pm = Music Therapy  
 1:00 pm = Productive  
 2:30 pm = Hydration Station/ Snacks  
 3:30 pm = Self Care (Cognitive)  
 4:30 pm = Dinner

**LOCATIONS**  
**C = Chapel**  
**CS = Carlton Seasons**  
**C2 = Carlton 2nd Floor**  
**DR = Dining Room**  
**MT = Movie Theater Room**  
**RS = Regis Seasons**  
**SR = Spa Room**