



2060 Idlewood Road  
 Tucker, GA 30084  
 770-938-5600

Orchard **SEASON'S** Calendar

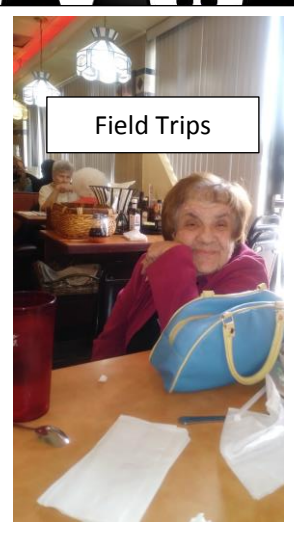
2018 FEBRUARY 2018



Arts & Crafts



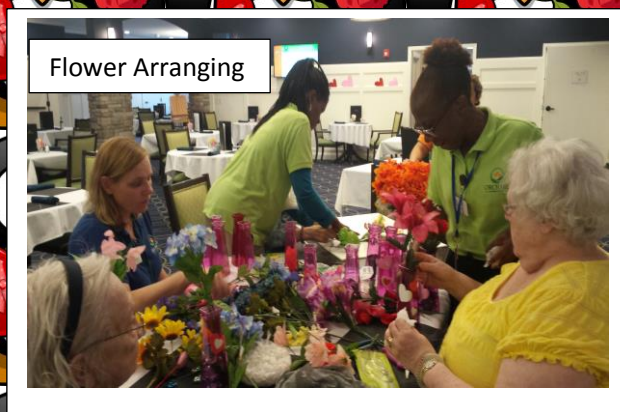
Pet Therapy



Field Trips



The Turner Clan



Flower Arranging




Winter Gardening



Themed Meals

Featured Events for the Month:

 Every Thursday in January @ 9:30 am ~ Generations Music: Together with Toddler's

 Thursday, February 1<sup>st</sup> @ 3:00 pm ~ Live & Learn Dementia Education Series

 Friday, February 2<sup>nd</sup> @ 1:30 pm ~ Heart Health by Alpha/Omega

 Sunday, February 4<sup>th</sup> @ 6:30 pm ~ Super Bowl Party

 Thursday, February 8<sup>th</sup> @ 2:30 pm ~ Mardi Gras Party

 Sunday, February 11<sup>th</sup> @ 1:00 pm ~ Life Line Doggy Day Valentine's Event

 Monday, February 12<sup>th</sup> & 26<sup>th</sup> @ 10:30 am ~ Neurosize Brain Fitness with Gabriel

 Wednesday, February 14<sup>th</sup> @ 2:00 pm ~ Valentine's Day Senior Prom

 Thursday, February 15<sup>th</sup> @ 3:30 pm ~ New Resident Welcome Party with Marty

 Friday, February 16<sup>th</sup> @ 2:00 pm ~ Chinese New Year

 Monday, February 19<sup>th</sup> @ 10:30 am ~ Laugh Active with Celeste


 Thursday, February 22<sup>nd</sup> @ 3:00 pm ~ Orchard Market

 Tuesday, February 27<sup>th</sup> @ 6:00 pm ~ Nutritional Therapy Program

**SUNDAY MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY SATURDAY**

**COLOR CODES FOR ACTIVITIES**  
**Exercise**  
**Cognitive**  
**Productive**  
**Leisure**

**Accepting Donations to Life Line Animal Rescue.**



**DEADLINE: FEBRUARY 11<sup>th</sup>**  
 during our Life Line Doggy Day Valentine's Event



**EVERY DAY ACTIVITIES**  
 8:00 am = Breakfast  
 9:00 am = Fresh Faces & Finishing Touches  
 10:30 am = Snack  
 11:00 am = Leisure (Staff Choice)  
 11:30 am = Lunch  
 12:30 pm = Reflections  
 2:30 pm = Hydration Station/ Snacks  
 3:30 pm = Music Therapy  
 4:30 pm = Dinner

9:00 am = Let's Gather Together, C2  
 9:30 am = Generations Music: Together with Toddler's Class, C2  
 10:00 am = Pet Therapy with Sharon & Evie  
 11:00 am = Leisure  
 12:30 pm = Just Relax  
 1:00 pm = Ground Hog Day Fun, RS & CS  
 2:30 pm = Hydration Station/Snacks  
 3:30 pm = Name That Tune  
 6:00 pm = "Live & Learn" Family Night with Robin, MT (until 8 pm)

**Groundhog Day**  
 10:00 am = Let's Take A Stroll, RS to CS  
 10:30 am = Balloon Ball, CS  
 11:00 am = Leisure  
 12:30 pm = Reflections  
 1:00 pm = Visiting Our Neighbors, CS to RS  
 1:00 pm = Game Day Chain Link Craft, RS (Includes CS)  
 1:00 pm = Sensory Room, RS (Includes CS)  
 2:30 pm = Hydration Station/Snacks  
 3:30 pm = Finish That Song

9:30 am = Saturday Morning Busy Box  
 10:00 am = Let's Make A Move, C2  
 10:30 am = Balloon Ball Volleyball, C2  
 11:00 am = Leisure  
 12:30 pm = Mindful Moments  
 1:00 pm = Stuffed Paper Football's, RS (1:30 pm in CS)  
 1:00 pm = Black History Month, CS (1:30 pm in RS)  
 2:30 pm = Let's Go Hear Some Music, C2  
 3:00 pm = Live Entertainment: "Jeff Bianchi Classical Guitar", C2

9:00 am = Sunday School – First Presbyterian Church of Tucker (FPCT), C2  
 9:30 am = Bible Study & Hymns, RS & CS  
 10:00 am = Let's Gather Together, C2  
 10:30 am = Easy Like Sunday Morning, C2  
 11:00 am = Leisure  
 12:30 pm = Meditation  
 1:00 pm = Crepe Paper Pom Pom's, RS (1:30 pm in CS)  
 2:00 pm = Hydration Station/Snacks  
 3:00 pm = "Live & Learn" Family Education On-line on ZOOM with Robin  
 3:30 pm = Musical Memories  
 6:30 pm = Super Bowl Party, C2

9:00 am = Remember When?, RS & CS  
 9:30 am = Let's Make A Move, C2  
 10:30 am = Chair Exercise with Christa, C2  
 11:00 am = Leisure  
 12:30 pm = Positive Affirmations  
 1:00 pm = Make Mardi Gras Masks, RS (1:30 pm in CS)  
 1:00 pm = Diversity Discussion, CS (1:30 pm in RS)  
 2:00 pm = Let's Go Party, C2  
 2:30 pm = Happy Hour, C2  
 3:30 pm = Rhythm Band

9:30 am = Let's Take A Stroll, RS to CS  
 10:00 am = Creative Cooking with Mercy, CS "Apple Roses"  
 11:00 am = Leisure  
 12:30 pm = Take Time To Unwind  
 1:00 pm = Valentine Day Games, RS & CS  
 2:00 pm = Let's Take A Stroll, L  
 2:30 pm = Season's Scenic Drive  
 3:30 pm = Sing A Long

9:30 am = Morning News, RS & CS  
 10:00 am = Walk & Talk, C2  
 10:30 am = Chair Dancing with Kim, C2  
 11:00 am = Leisure  
 12:30 pm = Inner Thoughts  
 1:00 pm = Tissue Paper Olympic Rings, RS (1:30 pm in CS)  
 2:00 pm = Let's Go Hear Some Music, C2  
 2:30 pm = Musical Video Virtual Voyage with Dennis "Western Music", C2  
 3:30 pm = Heart Diagram, RS & CS

9:00 am = Let's Gather Together, C2  
 9:30 am = Generations Music: Together with Toddler's Class, CS  
 10:00 am = Pet Therapy with Sharon & Evie  
 11:00 am = Leisure  
 12:00 pm = February Birthday Party, DR  
 12:30 pm = Just Relax  
 1:00 pm = Olympic Ring Chain, RS & CS  
 2:00 pm = Let's Go To The Party, C2  
 2:30 pm = Let's Celebrate Mardi Gras Early, C2

XXIII 2018 Winter Olympic Games Begin  
 10:00 am = Let's Take A Stroll, RS to CS  
 10:30 am = Balloon Ball, CS  
 11:00 am = Leisure, C2  
 12:30 pm = Reflections  
 1:30 pm = Let's Go To The Concert, C2  
 2:00 pm = Ding A Ling "Valentine's Day Concert of Love", C2  
 3:30 pm = Heart Patterns, RS & CS

9:30 am = Saturday Morning Busy Box  
 10:00 am = Let's Make A Move, C2  
 10:30 am = Balloon Ball Volleyball, C2  
 11:00 am = Leisure  
 12:30 pm = Mindful Moments  
 1:00 pm = Valentine's Bingo, RS (1:30 pm in CS)  
 1:00 pm = Heart Number Matching, CS (1:30 pm in RS)  
 2:30 pm = Let's Go Hear Some Music, C2  
 3:00 pm = Live Entertainment: "Tia Rix Jazz Singer", C2

9:00 am = Sunday School – FPCT, C2  
 9:30 am = Bible Study & Hymns, RS & CS  
 10:00 am = Let's Gather Together, C2  
 10:30 am = Easy Like Sunday Morning, C2  
 11:00 am = Leisure  
 12:30 pm = Meditation  
 12:45 pm = Let's Visit the Dogs, C2  
 1:00 pm = Life Line Doggy Day Valentine's Event, C2 (until 3 pm)  
 3:30 pm = Musical Memories

10:00 am = Let's Go Train the Brain, C2  
 10:30 am = Neurosize Brain Fitness, C2  
 12:30 pm = Positive Affirmations  
 1:00 pm = Weaving Danish  
 Heart Baskets, RS (1:30 pm in CS)  
 1:00 pm = Opposites, CS (1:30 pm in RS)  
 2:00 pm = Let's Go Party, C2  
 2:30 pm = Happy Hour, C2  
 3:30 pm = Rhythm Band

**Mardi Gras**  
 9:30 am = Let's Take A Stroll, RS to CS  
 10:00 am = Creative Cooking with Mercy "Cinnamon Roll King Cakes", CS  
 11:00 am = Leisure  
 12:30 pm = Take Time To Unwind  
 1:00 pm = Mardi Gras Games, RS & CS  
 2:00 pm = Let's Take A Stroll, L  
 2:30 pm = Season's Scenic Drive  
 3:30 pm = Sing A Long  
 6:30 pm = Season's Support Night w/ Keith, C

**Valentine's Day**  
 9:30 am = Morning News, RS & CS  
 10:00 am = Walk & Talk, C2  
 10:30 am = Chair Yoga with Diane, C2  
 11:00 am = Leisure  
 12:30 pm = Inner Thoughts  
 1:00 pm = Candy Heart Graphing, RS (1:30 pm in CS)  
 2:30 pm = Let's Go Hear Some Music, C2  
 3:00 pm = Valentine's Day Senior Prom with Live Entertainment, "Aldelphi String Quartet", C2

9:00 am = Let's Gather Together, C2  
 9:30 am = Generations Music: Together with Toddler's Class, CS  
 10:00 am = Pet Therapy with Sharon & Evie  
 11:00 am = Leisure  
 12:30 pm = Just Relax  
 1:00 pm = Chinese New Year's Games, RS & CS  
 2:00 pm = Let's Go To The Party, DR  
 3:30 pm = New Resident Welcome Party with Live Entertainment, "Party with Marty", DR  
 5:30 pm = Orchard Oracle Newsletter Issued, DR

**Chinese New Year**  
 10:00 am = Let's Take A Stroll, RS to CS  
 10:30 am = Balloon Ball, CS  
 11:00 am = Leisure  
 12:30 pm = Reflections  
 1:00 pm = Make Origami Hearts, RS (1:30 pm in CS)  
 1:30 pm = Let's Take A Stroll, C2  
 2:00 pm = Chinese New Year Party, C2  
 3:30 pm = Valentine Number Order, RS & CS

9:30 am = Saturday Morning Busy Box  
 10:00 am = Let's Make A Move, C2  
 10:30 am = Balloon Ball Volleyball, C2  
 11:00 am = Leisure  
 12:30 pm = Mindful Moments  
 1:00 pm = Mystery Craft, RS (1:30 pm in CS)  
 1:00 pm = Have You Ever?, CS (1:30 pm in RS)  
 2:30 pm = Let's Go Hear Some Music, C2  
 3:00 pm = Live Entertainment: "Alla & Her Accordion", C2

9:00 am = Sunday School – FPCT  
 9:30 am = Bible Study & Hymns, RS & CS  
 10:00 am = Let's Gather Together, C2  
 10:30 am = Easy Like Sunday Morning, C2  
 11:00 am = Leisure  
 12:30 pm = Meditation  
 1:00 pm = Heart Wings Clothes Pin Butterflies, RS (1:30 pm in CS)  
 2:00 pm = Hydration Station/Snacks  
 3:30 pm = Musical Memories

**President's Day**  
 9:30 am = Remember When?, RS & CS  
 10:00 am = Let's Make A Move, C2  
 10:30 am = Laugh Active, C2  
 11:00 am = Leisure  
 12:30 pm = Positive Affirmations  
 1:00 pm = Pipe Cleaner Roses, RS (1:30 pm in CS)  
 1:00 pm = Card Matching, CS (1:30 pm in RS)  
 2:00 pm = Let's Go Party, C2  
 2:30 pm = Happy Hour, C2  
 3:30 pm = Rhythm Band

9:30 am = Let's Take A Stroll, RS to CS  
 10:00 am = Creative Cooking with Mercy, CS "Creamy Chicken Enchilada's"  
 11:00 am = Leisure  
 12:30 pm = Take Time To Unwind  
 1:00 pm = 6 Weeks of Winter Game, CS & RS  
 2:00 pm = Let's Take A Stroll, L  
 2:30 pm = Highlights of Southern Europe with Jim Howe, C2

9:30 am = Morning News, RS & CS  
 10:00 am = Walk & Talk, C2  
 10:30 am = Tai Chi with Gayle, C2  
 11:00 am = Leisure  
 12:30 pm = Inner Thoughts  
 1:00 pm = Cherry Blossoms Craft, RS & CS  
 1:00 pm = Grab Bag, CS (1:30 pm in RS)  
 2:30 pm = Hydration Station/Snacks  
 3:30 = Karaoke

9:00 am = Let's Gather Together, C2  
 9:30 am = Generations Music: Together with Toddler's Class, CS  
 10:00 am = Pet Therapy with Sharon & Evie  
 11:00 am = Leisure  
 12:30 pm = Just Relax  
 1:00 pm = TP Roll Heart Art, RS & CS  
 3:00 pm = Let's Go To The Market, DR  
 3:30 pm = Orchard Market, C2

**French Fry Friday**  
 10:00 am = Let's Take A Stroll, RS to CS  
 10:30 am = Balloon Ball, CS  
 11:00 am = Leisure  
 12:30 pm = Reflections  
 1:00 pm = Pipe Cleaner Beaded Hearts, RS (Includes CS)  
 1:00 pm = Sensory Room, RS (Includes CS)  
 2:30 pm = Let's Go To The Market, DR  
 3:30 pm = Finish That Song

9:30 am = Saturday Morning Busy Box  
 10:00 am = Let's Make A Move, C2  
 10:30 am = Balloon Ball Volleyball, C2  
 11:00 am = Leisure  
 12:30 pm = Mindful Moments  
 1:00 pm = Heart Lollipop Flowers, RS (1:30 pm in CS)  
 1:00 pm = Treasure Chest of Memories, CS (1:30 pm in RS)  
 2:30 pm = Let's Go Hear Some Music, C2  
 3:00 pm = Live Entertainment: "Willoughby Caine on the Piano", C2

9:00 am = Sunday School – FPCT, C2  
 9:30 am = Bible Study & Hymns, RS & CS  
 10:00 am = Let's Gather Together, C2  
 10:30 am = Easy Like Sunday Stretch, C2  
 11:00 am = Leisure  
 12:30 pm = Meditation  
 1:00 pm = Make Faux China, RS (1:30 pm in CS)  
 3:00 pm = Let's See What's Cooking, C2  
 3:30 pm = Pipin' Hot Sing A Long, C2

10:00 am = Let's Go Train The Brain, C2  
 10:30 am = Neurosize Brain Fitness, C2  
 12:30 pm = Positive Affirmations  
 1:00 pm = Heart Necklaces, RS (1:30 pm in CS)  
 1:00 pm = Popsicle Shapes, CS (1:30 pm in RS)  
 2:00 pm = Let's Go Party, C2  
 2:30 pm = Happy Hour, C2  
 3:30 pm = Rhythm Band

9:30 am = Let's Take A Stroll, RS to CS  
 10:00 am = Creative Cooking with Mercy, CS "Pizza Bagels"  
 11:00 am = Leisure  
 12:30 pm = Take Time To Unwind  
 1:00 pm = Learn the Love Song, RS & CS  
 1:00 pm = What Do You Love?, RS & CS  
 2:00 pm = Let's Take A Stroll, L  
 2:30 pm = Season's Scenic Drive  
 3:30 pm = Sing A Long

9:30 am = Morning News, RS & CS  
 10:00 am = Walk & Talk, C2  
 10:30 am = Chair Yoga with Diane, C2  
 11:00 am = Leisure  
 12:30 pm = Inner Thoughts  
 1:00 pm = Learn Chinese Paper Cutting, RS (1:30 pm in RS)  
 1:00 pm = Finish The Line, CS (1:30 pm in RS)  
 2:00 pm = Hydration Station/Snacks  
 3:30 = Karaoke

**February Birthdays**  
 Jean Cornn 2/6  
 Phyllis Biggar 2/7  
 Joe Cobb 2/11  
 Charles Turner 2/14  
 Carolyn Coulter 2/28

**LOCATIONS:**  
 A = All Areas  
 B = Bistro  
 C = Chapel  
 CS = Carlton Seasons  
 C2 = Carlton 2nd Floor  
 DR = Dining Room  
 DRP = Dining Room by Piano  
 ER = Exercise Room

**LOCATIONS**  
 FOB = Front of Building  
 G = Garden  
 L = Library  
 LR = Living Room  
 MT = Movie Theater Room  
 P = Patio  
 PR = Puzzle Room  
 RS = Regis Seasons  
 SR = Spa Room  
 ST = Senior TV