

Multi-Sensory Room



The Benefits of Multi Sensory

Our Multi-Sensory Room provides gentle stimulation of sight, sound, taste, smell, and movement in a controlled way. It is used to enhance our residents' feelings of comfort and well being, relieve stress, relieve pain, and to maximize their potential to focus, all of which help improve communication and memory. Soft textiles, familiar objects, interesting things to see and touch play an important part in creating a soothing environment. Numerous Studies have shown that multi-sensory rooms produce an immediate positive effect on the behavior and mood of residents with dementia. Orchard's Multi-Sensory Room has been designed to create a feeling of soothing comfort and safety, where residents enjoy the therapeutic surroundings while remaining in control. Our sensory environment is failure free, non directive, responsive to each individual resident's needs, rapport-building, as well as enabling.

Engage Your Senses



Controlled Sensory Environment

Each person has 5 senses that are familiar. These include Vision, Touch, Smell, Hearing, and Taste. Orchard Multi-Sensory Room engages all 5 of these senses as well as 2 more less known senses. Vestibular Sense is a sense that puts balance into our lives. It provides information about movement, gravity, and changing head positions. It tells us whether we are moving or staying still. The Sense of Proprioception is a sense that processes information from our muscles, joints, and other body parts to provide us with an unconscious awareness of the position of our body to other people and objects. Activities that engage our 7 senses increase resident's awareness and attention due to the simplicity of the tasks. Our specially designed sensory room enables all residents to take part regardless of their cognitive or physical deficits. The world is full of sensory stimuli. Cognitive Deficits cause some residents to not be able to organize and respond appropriately. For these residents the world becomes confusing and frightening. Our Sensory room brings residents back to a place of safety, relaxation, and control.



Orchard Senior Living
www.orchardseniorliving.com